

Online Workshop on Mental Health and Cyber Security on 10.10.2024

Dear Principal,

The safety, security and mental well-being of children is crucial for their all-round development. In view of this, Department of School Education and Literacy, Ministry of Education, Govt. of India, on the occasion of World Mental Health Day on 10.10.2024, is organizing a national online workshop for the students of class 6th to 12th, with focus on two key themes: Mental Health and Cyber Security. The workshop will be held online between 3:00 pm to 4:00 pm on 10.10.2024.

The topics of discussion will include Stress, Anxiety & Depression in youth, identification & prevention, keys laws on online harassment and cybercrimes, managing Privacy on Social Media, cyber bullying, etc. Sh. Rajesh Sagar, leading Professor (MD), Psychiatry Department, AIIMS Delhi and Ms. Rashmi DCP, Indian Cybercrime Coordination Centre, MHA will be the Resource person/speaker for the workshop.

The session will be live telecasted at

<https://www.youtube.com/watch?v=Z7jg9EXHg0w>

In view of above, you are requested to disseminate the above information among the students of your school and encourage them to participate in online workshop.

With regards
Team CBSE